

Train-the-Trainer Program Comes to Amazing Place

Amazing Place will now be the training center for all Powerful Tools for Caregivers “Train-the-Trainer” two-day classes in Houston. These training sessions will teach future class leaders to facili-

tate the evidence-based PTC course around the community.

PTC is a six-week course that focuses on equipping caregivers with effective tools for self-care, reducing stress and communicat-

ing more effectively with family members and physicians. Conceived at Stanford University in 1998, the PTC program, utilizes a train-the-trainer method to ensure the program expands and more individuals can benefit. The training program is currently offered in 41 states and offers a unique scripted curriculum and detailed training materials which have guaranteed its consistency and quality.

Dick Humphrey, who leads the program in Houston and has been

involved in conducting over 20 classes to train 220 people over the last eight years, says, “It was obvious that the mission of Amazing Place to support caregivers and its focus on expansion aligned with our goals to spread the program to more caregivers.”

Tracey Brown, Amazing Place executive director, adds, “After offering the six-week PTC class for twice a year over the last eight years, we have seen firsthand how it benefits caregivers who are un-

der enormous stress and lack training for this role. We are so excited now to be a part of training more teachers to support even more caregivers around the city.”

The first two-day PTC “Train the Trainer” class, sponsored by Amazing Place, will be on November 1-2 at Amazing Place, 3735 Drexel, Family Education Room. To register and for more information, contact Carol Cooper, Amazing Place Care Team Director, at (713) 552-0420.

