



TIDINGS OF COMFORT AND JOY

The holiday season at Amazing Place is such a festive time – jam-packed with wonderful programs throughout the month of December. On Sunday, December 1st, many of our volunteers will be “decking our halls” with holiday cheer as they decorate our facility with Christmas trees, garlands, wreaths, and more. It’s always heartwarming to see our participants’ reactions when they arrive the following Monday to a holiday wonderland!

The month kicks off with performances from the Presbyterian School choir, the Houston Tuesday Musical Chorus, and the Primetime Singers. On Monday, December 9th, students from the University of Houston Honors College, who have been leading a creative writing program at Amazing Place called “Timeslips,” will be presenting a selection of writings from our participants. These creative literary works will be compiled in a booklet for each participant to take home as a memento of their experience.

In keeping with tradition, we will host three exciting holiday parties on December 10th, 11th, and 12th, each complete with a homily delivered by a pastor from one of our sponsoring churches. Our first holiday party will feature a participant and staff talent show (caregivers are also welcome to participate with their loved one!) while our December 11th party will have us all singing and dancing to music by The Sunshiners Band before we welcome Singing Santa to Amazing Place on December 12th.

As the year ends, we will host a Houston Young Artists’ Concert on December 30th, leading up to our New Year’s eve celebration on December 31st! As always, the holidays bring no greater joy than the opportunity to express our season’s greetings and warmest wishes to you. May your Christmas and New Year be filled with joy, peace, and love. Happy Holidays from your Amazing Place family!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8:00 AM Current Events 2 9:30 AM Presbyterian School Choir Concert ★ 10:30 AM Winter Crafts 11:30 AM Proverbial Wisdom 2:15 PM Choir Practice 3:10 PM Stretch & Relax 4:15 PM Kinect Bowling | 8:00 AM Searching for December 3 9:30 AM Mad Libs 11:30 AM Sing Along with Schmitt 2:00 PM Houston Tuesday Musical Club - Concert 3:10 PM Gratitude Exercise 3:50 PM High Tea 4:30 PM Xbox Bowling | 8:00 AM Coffee & Conversation 4 9:30 AM Pic Wits 10:30 AM Rhythmic Workout 11:30 AM Discuss & Recall - Legendary Spinsters 2:15 PM Music Theater 3:10 PM Stretch & Relax 4:30 PM Cranium Board Game | 8:00 AM Sharing Life Stories 5 9:30 AM InPrint Writing Class 10:30 AM Concert by the Primetime Singers 11:30 AM Science Corner 2:15 PM "Cheers" Day 3:10 PM Chapel Chat 3:50 PM Watercolor Painting | 9:00 AM Cranium Crunches 6 9:30 AM Tai Chi 10:30 AM Bee's Knees & Other Animal Idioms 11:30 AM Joke Exchange 2:15 PM Remembering Pearl Harbor 3:10 PM Everglades National Park 5:00 PM "Left, Right, Center" Game |
| 8:00 AM Categories Challenge 9 9:30 AM Flower Arranging 10:30 AM Cycling Class 11:30 AM Who Am I? 2:15 PM Christmas Song Sing Along 3:50 PM Loaded Questions 5:00 PM Participants' Choice | 8:00 AM Puzzling Matters 10 9:30 AM Watercolor Painting 11:00 AM Reminiscing of Holidays Past 11:30 AM Health & Wellness Chat 2:00 PM Kick-off Holiday Party - Staff & Participant Talent Show 3:10 PM Word Spector 4:30 PM Moon Balloon | 8:00 AM Billiards 11 9:30 AM Wheel of Fortune 10:30 AM Watercolor Art Class 1:00 PM Leisure Hour 2:00 PM Holiday Party Take 2 - Concert by The Sunshiners Band 3:10 PM Freerice.com Vocabulary Builder 3:50 PM Cranium Board Game | 8:00 AM December IQ 12 9:30 AM Creative Writing 10:55 AM Bird Tales 11:30 AM Science Corner 2:00 PM Holiday Party Finale - Entertainment by Santa Claus 4:30 PM Bingo 5:00 PM Sequence Card Game | 8:00 AM Coffee & News 13 9:30 AM Tai Chi 11:00 AM Brain Busters 11:30 AM MoMA Art Appreciation 2:15 PM Happy Birthday Dick Van Dyke 3:50 PM Spot the Difference 4:30 PM Corn Hole |
| 8:00 AM Wordy Gordy 16 9:30 AM Men's Chat 10:30 AM Laughter Yoga 11:30 AM American Kennel Club Championships 2:15 PM Participant Council Meeting 3:10 PM Jokes & Riddles 3:50 PM Herbal Tea Taste Testing | 8:00 AM Local News 17 9:30 AM Mind Matters Travel Talk ★ 11:00 AM Concentration Puzzles 11:30 AM Patch Word Puzzles 2:00 PM Grayfoxxe Concert 3:10 PM Scrabble 3:50 PM Patio Chat | 8:00 AM Gardening Word Search 18 9:30 AM Newspaper Headline Game 10:30 AM Percussion Exercise 11:30 AM Christmas Carol Sing-Along 2:15 PM Family Feud 3:10 PM Relaxation & Meditation 3:50 PM Bolo Toss | 8:00 AM Mazes 19 9:30 AM Junk Drawer Detective ★ 10:55 AM Good News Network 11:30 AM Science Corner 2:15 PM Name That Christmas Carol 3:10 PM Wassailing Teatime 3:50 PM Xbox Kinect Sports 4:30 PM "Little Big Shots" | 8:00 AM Horoscope Fun 20 9:30 AM Tai Chi 10:55 AM Analogies 11:30 AM Funny Sayings Friday 2:15 PM A Little About Hanukkah & Kwanza 3:10 PM Business Ethics 3:50 PM Christmas Movie & Popcorn |
| 23 CLOSED FOR CHRISTMAS HOLIDAYS | 24 CLOSED FOR CHRISTMAS HOLIDAYS | 25 CLOSED FOR CHRISTMAS HOLIDAYS | 26 ★ CLOSED FOR CHRISTMAS HOLIDAYS | 27 CLOSED FOR CHRISTMAS HOLIDAYS |
| 8:00 AM Brain Busting Worksheets 30 9:30 AM New Members Consortium 10:55 AM Life Stories 11:30 AM Family Feud 2:15 PM Birthday Bash 3:00 PM Houston Young Artist Concert 3:50 PM Group Crossword | 8:00 AM Happy New Year - Matching Puzzle 31 9:30 AM New Year's Around the World ★ 10:30 AM Sing Along with Dick 11:30 AM This Day in History 2:15 PM New Year's Eve Celebration! 3:10 PM Bingo 3:50 PM Lucky Moments |  <h1>DECEMBER 2019</h1> <p>Founded as a one-day market in 1434, the Striezelmarkt in Dresden, Germany is considered the first genuine Christmas market in the world.</p> | | |

| DAILY PROGRAM SCHEDULE* | |
|-------------------------|-------------------------------------------------------------------------------------------|
| 7:30 | Coffee, News & Independent Studies |
| 9:30 | Cognitive Exercises & Reminiscence Group (Mon. - Flower Arranging) (Tues. - Art) |
| 10:30 | Physical Exercise (low mobility group and mild group) (Tues. - Art) |
| 11:00 | Reminiscence/Informative program Physical Exercise (low mobility group and mild group) |
| 11:30 | Entertainment or Cognitive Exercises |
| Noon | Lunch |
| 1:00 | Leisure Choices |
| 2:15 | Large group presentations (examples: music,culture, current events, etc.) |
| 2:45 | Refreshments |
| 3:15 | Physical Group or Group Expression |
| 3:50 | Self-esteem or Reminiscence or Board Games |
| 4:30 | News/Entertainment |

**Schedule may change for special events and programs may be adjusted to meet the needs of participants.*

Our curriculum incorporates elements of the creative and cultural arts, enriched social activities, civic service, fitness, compensatory cognitive interventions, and spirituality.
 For more information, contact:
 Emile Unverzagt, MA, AD/TXC, Participant Program Director - 713.552.0420 or eunverzagt@amazingplacehouston.org

| DECEMBER BIRTHDAYS | |
|---------------------------|-------------------------|
| ★ PARTICIPANTS | |
| 12-2 Tim B. | 12-19 Sharon U. |
| 12-14 Audrey G. | 12-26 Mary S. |
| 12-14 Charles T. | 12-29 Fronnie G. |
| 12-15 Jimmie K. | 12-31 Carolyn J. |
| 12-17 Jerry Sue J. | |
| ★ STAFF | |
| 12-15 Jill T. | |
| 12-22 Ann M. | |

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| <ul style="list-style-type: none"> • Greek Salad • Italian Meat Sauce • G.F. Pasta Marinara • Vegetable Medley • Ginger Snaps • Bananas & Crackers | <ul style="list-style-type: none"> • Garden Salad • Parmesan Crusted Chicken • Roasted Red Potatoes • Fresh Green Beans • Banana Bread • Peaches & Yogurt | <ul style="list-style-type: none"> • Soup of the Day • Grilled Chicken Caesar • Cucumbers & Tomatoes • Marinated Green Beans • Chocolate Chunk Cookie • Fresh Fruit | <ul style="list-style-type: none"> • Green Salad • Pork Tenderloin • Sweet Potato Mash • Collard Greens • Fresh Cut Fruit • Cheese & Crackers | <ul style="list-style-type: none"> • Cole Slaw • Grilled Fresh Fish • Spaghetti Squash • Carrots & Basil • A.P. Ranger Cookie • Peanut Butter & Crackers |
| <ul style="list-style-type: none"> • Garden Salad w/ Blue Cheese • Quinoa Crusted Chicken • Carrots w/ Basil • Roasted Squash Medley • Peanut Butter Cookie • Guacamole & Chips | <ul style="list-style-type: none"> • Soup of the Day • Chicken Spinach Salad • Cucumbers & Tomatoes • Marinated Artichoke Hearts • Pecan Sandies • Hummus w/ Chips | <ul style="list-style-type: none"> • Green Goddess Salad • Paprika Chicken • Red Potatoes • Carrots w/Basil • Ginger Snap • Peanut Butter & Crackers | <ul style="list-style-type: none"> • Fresh Fruit Salad • Almond Crusted Trout • Turmeric Rice Pilaf • Zucchini & Tomatoes • Almond Sugar Cookie • Cheese & Crackers | <ul style="list-style-type: none"> • Tomato Feta Salad • Pork Tenders w/ Mushrooms • Roasted Potatoes • Fresh Green Beans • Peanut Butteries • Peaches & Yogurt |
| <ul style="list-style-type: none"> • Apple & Goat Cheese Salad • Meat Loaf w/ Mushrooms • Mash Potatoes • Broccoli with Lemon • Gingerbread Cake • Cheese & Crackers | <ul style="list-style-type: none"> • Fresh Fruit Salad • Sun-dried Tomato Chicken • Roasted Red Potatoes • Garlic Green Beans • Oatmeal Raisin Cookie • Peanut Butter & Crackers | <ul style="list-style-type: none"> • Garden Salad • Fresh Salmon • Rosemary Sweet Potatoes • Asparagus & Peppers • Almond Cinnamon Cookie • Gazpacho & Chips | <ul style="list-style-type: none"> • Artichoke & Olive Salad • Pecan Crusted Chicken • Vegetable Rice Pilaf • Carrots & Basil • Ginger Snap • Bananas & Crackers | <ul style="list-style-type: none"> • Garden Salad w/ Beets • Roasted Chicken • Dill Mash Potatoes • Vegetable Medley • Oatmeal Chocolate Chip Cookie • Guacamole & Chips |
| <p>23</p> <p>CLOSED FOR CHRISTMAS HOLIDAYS</p> | <p>24</p> <p>CLOSED FOR CHRISTMAS HOLIDAYS</p> | <p>25</p> <p>CLOSED FOR CHRISTMAS HOLIDAYS</p> | <p>26</p> <p>CLOSED FOR CHRISTMAS HOLIDAYS</p> | <p>27</p> <p>CLOSED FOR CHRISTMAS HOLIDAYS</p> |
| <ul style="list-style-type: none"> • Tomato Basil Soup • Margherita Pizza w/ Capers • Niçoise Salad • Cucumbers & Tomatoes • Carrot Raisin Cake • Hummus & Chips | <ul style="list-style-type: none"> • Caesar Salad • Grilled Chicken w/ Artichokes • Turmeric Rice Pilaf • Roasted Squash • A.P. Ranger Cookie • Cheese & Crackers | <p>30</p> <p>DECEMBER 2019 MENU</p> <ul style="list-style-type: none"> • Afternoon Snack  | | |