



## LEADING THE WAY FOR QUALITY CARE

### 2020 HEALTH PROFESSIONAL ADVISORY COUNCIL

- **Travis Boldt**
- **Logan Campbell**, RN, BSN
- **Peggy Determeyer**, PhD, MBA, MDiv, BCC
- **Tracy Evans**, RN, MPH, *Co-Chair*
- **Tony Fernandez**, LCSW, CCM
- **Brianna Garrison**, MSW, LCSW-S
- **Cynthia Kraus-Schuman**, PhD
- **Marcia Levetown**, MD
- **Ann Marie McDonald**, MBA, M.Ed
- **Pam Ortiz**
- **Rachel Portnoy**, LMSW
- **Ciona Regev**, LCSW
- **Arlene Schollaert**, MSW, LCSW, *Co-Chair*
- **Jennifer Stinson**, PhD
- **Laura Sutherland**, LMSW
- **Jill Thompson**, PT
- **Crystal Walter**, MPA, MSW, LCSW
- **Anita Woods**, MS, PhD

In 2020, our Family Services Director, Arlene Schollaert (MSW, LCSW), will begin her second year as co-chair of our Health Professional Advisory Council (HPAC). This Council is comprised of a diverse group of healthcare and community professionals who invest their time to help Amazing Place spread its mission and vision.

The purpose of the Council is two-fold. First, our HPAC provides a forum for Council members to remain informed about all the clinical programs being offered at Amazing Place. At the same time, it provides Council members an opportunity to bless Amazing Place with their clinical consultation and expertise. Second, our HPAC serves as a link between Amazing Place and our Houston communities as Council members become ambassadors for Amazing Place by connecting individuals and families journeying with dementia to the Amazing Place programs and services that best meet their needs.

We are so thankful for such a talented and selfless group of professionals to help us empower lives disrupted by dementia and end the stigma of dementia!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>February is African American History month at Amazing Place. *denotes themed programs. Right: Guion Bluford, who served as a mission specialist on STS-8, STS-61-A, STS-39, and STS-53, was the first African American in space. In 1987, he earned an MBA from the University of Houston - Clear Lake.</p> <div>   </div>				
<div>  <div>FEBRUARY 2020</div> </div>				
<p><b>9:00 AM</b> Sharing Pet Stories <span>3</span></p> <p><b>9:30 AM</b> Superbowl Game &amp; Commercial Highlights ★</p> <p><b>10:55 AM</b> Word Searching ★</p> <p><b>11:30 AM</b> Famous Monuments &amp; the History Behind Them</p> <hr/> <p><b>2:15 PM</b> Music of Mendelssohn</p> <p><b>3:10 PM</b> Flower Arranging</p> <p><b>3:50 PM</b> Norman Rockwell</p>	<p><b>9:00 AM</b> Puzzles &amp; Ponderings <span>4</span></p> <p><b>9:30 AM</b> Coed Coffee Chat - Who Was Betty Friedan?</p> <p><b>10:30 AM</b> Morning Workouts</p> <p><b>10:55 AM</b> Pic Wits</p> <p><b>11:30 AM</b> Leaping into February Trivia</p> <hr/> <p><b>2:00 PM</b> Grayfoxxe Concert</p> <p><b>3:10 PM</b> The Price is Right</p> <p><b>3:50 PM</b> Animals That Lift the Spirit</p>	<p><b>9:00 AM</b> February IQ <span>5</span></p> <p><b>9:30 AM</b> Bible Trivia</p> <p><b>10:30 AM</b> Rhythmic Exercise</p> <p><b>10:55 AM</b> Taboo</p> <p><b>11:30 AM</b> Jeopardy</p> <hr/> <p><b>2:15 PM</b> Family Feud or Choir Practice</p> <p><b>3:10 PM</b> Freerice.com Vocabulary Quiz</p> <p><b>3:50 PM</b> Xbox Kinect</p>	<p><b>8:00 AM</b> Searching for February <span>6</span></p> <p><b>9:30 AM</b> Creative Writing</p> <p><b>10:55 AM</b> Word Mining</p> <p><b>11:30 AM</b> Science Corner</p> <hr/> <p><b>2:15 PM</b> Visiting Mexico City</p> <p><b>3:10 PM</b> Stretch &amp; Relax</p> <p><b>4:30 PM</b> *Kevin Hart's Guide to Black History</p>	<p><b>8:00 AM</b> Coffee on the Patio <span>7</span></p> <p><b>9:30 AM</b> Tai Chi</p> <p><b>10:00 AM</b> Group Crossword</p> <p><b>11:00 AM</b> MoMA</p> <p><b>11:30 AM</b> Would You Rather?</p> <hr/> <p><b>2:15 PM</b> Boy Scouts Founded</p> <p><b>3:10 PM</b> *The Write Word Game - African American History</p> <p><b>3:50 PM</b> Moon Ball</p>
<p><b>9:00 AM</b> Famous February Birthdays - Word Search <span>10</span></p> <p><b>9:30 AM</b> Flower Bingo</p> <p><b>10:30 AM</b> Cycling</p> <p><b>11:30 AM</b> Missing Homonyms</p> <hr/> <p><b>2:15 PM</b> Share a Favorite Poem</p> <p><b>3:10 PM</b> Team Scrabble</p> <p><b>3:50 PM</b> Gratitude Exercise</p>	<p><b>8:00 AM</b> Cranium Crunches <span>11</span></p> <p><b>9:30 AM</b> Timeslips Creative Writing</p> <p><b>11:00 AM</b> America's National Parks</p> <p><b>11:30 AM</b> 4 Pictures, 1 Word</p> <hr/> <p><b>2:15 PM</b> *Nobel Laureate - Toni Morrison</p> <p><b>3:10 PM</b> Laughter Yoga</p> <p><b>3:50 PM</b> Pet Peeves</p>	<p><b>8:00 AM</b> Coffee Chat <span>12</span></p> <p><b>9:30 AM</b> 30-Second Mysteries</p> <p><b>10:15 AM</b> Scrabble</p> <p><b>11:30 AM</b> Boomer's Breakout</p> <hr/> <p><b>2:15 PM</b> *Traveling the Underground Railroad</p> <p><b>3:10 PM</b> Who Am I?</p> <p><b>3:50 PM</b> Malarkey - The Bluffing Game</p>	<p><b>8:00 AM</b> Pastel Coloring Art <span>13</span></p> <p><b>9:30 AM</b> Pic Wits</p> <p><b>10:30 AM</b> Pilates</p> <p><b>11:30 AM</b> How It's Made</p> <hr/> <p><b>2:15 PM</b> *Music Inspired by the Civil Rights Movement</p> <p><b>3:10 PM</b> Tea Time</p> <p><b>5:00 PM</b> Painting Away the Stress</p>	<p><b>8:30 AM</b> Happy Valentine's Day - Crossword <span>14</span></p> <p><b>10:00 AM</b> Famous Fictional Couples</p> <p><b>10:30 AM</b> Dotted Heart Tree Painting</p> <p><b>11:30 AM</b> Romances to Remember</p> <hr/> <p><b>2:15 PM</b> Valentine's / Birthday Party</p> <p><b>3:40 PM</b> Love is in the Air - Trivia</p> <p><b>4:15 PM</b> Valentine's Day Card Making</p>
<p><b>8:00 AM</b> Current Events <span>17</span></p> <p><b>9:30 AM</b> Floral Bingo</p> <p><b>10:55 AM</b> Life Stories</p> <p><b>11:30 AM</b> Pet Chat</p> <hr/> <p><b>2:15 PM</b> Travelogue</p> <p><b>3:10 PM</b> Relaxation Meditation</p> <p><b>3:50 PM</b> The Game of Life</p>	<p><b>8:00 AM</b> *African American Firsts - Word Match <span>18</span></p> <p><b>9:30 AM</b> Charades</p> <p><b>10:30 AM</b> Church Service</p> <p><b>11:30 AM</b> Random Trivia</p> <hr/> <p><b>2:15 PM</b> First Ladies Day</p> <p><b>3:10 PM</b> Pet Tales</p> <p><b>4:30 PM</b> Wheel of Fortune</p>	<p><b>8:00 AM</b> Jig-saw Fun <span>19</span></p> <p><b>9:30 AM</b> Imagine If...</p> <p><b>10:30 AM</b> Cycling ★</p> <p><b>10:55 AM</b> Trivial Pursuit</p> <p><b>11:30 AM</b> How It's Made</p> <hr/> <p><b>2:15 PM</b> *The King of Motown</p> <p><b>3:10 PM</b> Karaoke</p>	<p><b>8:00 AM</b> Coffee &amp; Conversation <span>20</span></p> <p><b>9:30 AM</b> Mind Matters</p> <p><b>10:55 AM</b> Bird Tales ★</p> <p><b>11:30 AM</b> Word Spector ★</p> <hr/> <p><b>2:15 PM</b> 50's - 60's Sing Along ★</p> <p><b>3:10 PM</b> Timeslips Creative Writing</p> <p><b>3:50 PM</b> Game of Things</p>	<p><b>8:30 AM</b> Black History - Crossword <span>21</span></p> <p><b>9:30 AM</b> Tai Chi</p> <p><b>10:55 AM</b> Getting to Know You</p> <p><b>11:30 AM</b> Crossword Challenge</p> <hr/> <p><b>2:15 PM</b> Cranium Crunches</p> <p><b>3:10 PM</b> Laughter Yoga</p> <p><b>5:00 PM</b> Uno</p>
<p><b>8:00 AM</b> Weekend Review <span>24</span></p> <p><b>9:30 AM</b> Concentration Puzzles</p> <p><b>10:55 AM</b> Fire Safety Drills</p> <p><b>11:30 AM</b> Trivial Pursuit</p> <hr/> <p><b>2:00 PM</b> Faithful Paws</p> <p><b>3:10 PM</b> Hat Chat</p> <p><b>3:50 PM</b> Discuss &amp; Recall</p>	<p><b>8:00 AM</b> Coffee Chat <span>25</span></p> <p><b>9:30 AM</b> You Be the Judge</p> <p><b>10:55 AM</b> Jeopardy</p> <p><b>11:30 AM</b> Sing Along</p> <hr/> <p><b>2:15 PM</b> Scattergories</p> <p><b>3:10 PM</b> Timeslips - Group Story</p> <p><b>3:50 PM</b> "Little Big Shots"</p>	<p><b>8:00 AM</b> Coffee Chat <span>26</span></p> <p><b>9:30 AM</b> All About Ash Wednesday ★</p> <p><b>10:55 AM</b> Loaded Questions</p> <p><b>11:30 AM</b> New Participant Consortium</p> <hr/> <p><b>2:15 PM</b> *Music of Fats Domino</p> <p><b>2:45 PM</b> *Ted Talks to Celebrate Black History</p> <p><b>3:15 PM</b> Greatest Accomplishments</p>	<p><b>8:00 AM</b> Funny Animals <span>27</span></p> <p><b>9:30 AM</b> Junk Drawer Detective</p> <p><b>10:55 AM</b> Stories in a Bucket</p> <p><b>11:30 AM</b> Science Corner</p> <hr/> <p><b>2:15 PM</b> Movie Moments</p> <p><b>3:10 PM</b> Laughter Yoga</p> <p><b>3:50 PM</b> Table Top Bowling</p>	<p><b>8:00 AM</b> Adding Color <span>28</span></p> <p><b>9:30 AM</b> Tai Chi</p> <p><b>11:00 AM</b> Life Stories</p> <p><b>11:30 AM</b> Boomer's Breakout - Remember These?</p> <hr/> <p><b>2:15 PM</b> Participant Council</p> <p><b>3:10 PM</b> Afternoon Tea</p> <p><b>4:30 PM</b> Xbox Kinect</p>

DAILY PROGRAM SCHEDULE*	
<b>7:30</b>	Coffee, News & Independent Studies
<b>9:30</b>	Cognitive Exercises & Reminiscence Group (Mon. - Flower Arranging) (Tues. - Art)
<b>10:30</b>	Physical Exercise (low mobility group and mild group) (Tues. - Art)
<b>11:00</b>	Reminiscence/Informative program Physical Exercise (low mobility group and mild group)
<b>11:30</b>	Entertainment or Cognitive Exercises
<b>Noon</b>	Lunch
<b>1:00</b>	Leisure Choices
<b>2:15</b>	Large group presentations (examples: music,culture, current events, etc.)
<b>2:45</b>	Refreshments
<b>3:15</b>	Physical Group or Group Expression
<b>3:50</b>	Self-esteem or Reminiscence or Board Games
<b>4:30</b>	News/Entertainment
<p><i>*Schedule may change for special events and programs may be adjusted to meet the needs of participants.</i></p> <p>Our curriculum incorporates elements of the creative and cultural arts, enriched social activities, civic service, fitness, compensatory cognitive interventions, and spirituality. For more information, contact: Emile Unverzagt, MA, AD/TXC, Participant Program Director eunverzagt@amazingplacehouston.org 713.552.0420</p>	
FEBRUARY BIRTHDAYS	
★ <b>PARTICIPANTS</b>	
<b>2-3</b>	Mary C.
<b>2-3</b>	Eileen O.
<b>2-19</b>	Allen A.
<b>2-20</b>	Don J.
<b>2-20</b>	Wilda M.
<b>2-22</b>	Henry A.
<b>2-22</b>	Rosemary K.
<b>2-26</b>	Carol K.
★ <b>STAFF</b>	
<b>2-20</b>	Lisa M.



**MONDAY**
**TUESDAY**
**WEDNESDAY**
**THURSDAY**
**FRIDAY**


# FEBRUARY 2020 MENU

- Garden Salad
- Chicken w/ Pesto
- Dill Sweet Potatoes
- Asparagus w/ Herb Butter
- Brownies

**3**

- Cheese & Crackers

- Greek Salad
- Tarragon Chicken
- G.F. Pasta Marinara
- Carrots w/ Mushrooms
- Ginger Snaps

**4**

- Hummus & Chips

- Fresh Fruit Salad
- Almond Crusted Trout
- Turmeric Rice Pilaf
- Fresh Green Beans
- Oatmeal Raisin Cookies

**5**

- Gazpacho & Chips

- Carrot Basil Soup
- Grilled Chicken w/ Mixed Greens
- Guacamole & Black Beans
- Pecan Sandies

**6**

- Peanut Butter & Crackers

- Pineapple Slaw
- Chicken w/ Curry Sauce
- Roasted Potatoes
- Broccoli
- Chocolate Chunk Cookie

**7**

- Grapes & Cheese

- Tomato Farro Salad
- Pork Tenderloin
- Garlic Mashed Potatoes
- Zucchini & Squash
- Fresh Cut Fruit

**10**

- Hummus & Pita

- Garden Salad w/ Green Goddess
- Arugula Chicken
- Roasted Sweet Potatoes
- Asparagus & Carrots
- Ranger Cookie

**11**

- Guacamole & Chips

- Apple, Pecan, Blue Cheese
- Chicken Creole
- Herbed Rice Pilaf
- Fresh Green Beans
- Pecan Sandie

**12**

- Peanut Butter & Crackers

- Carrot Raisin Slaw
- Raspberry Glazed Salmon
- Roasted Mushroom
- Sauté Swiss Chard
- Peanut Butteries

**13**

- Fresh Cut Fruit

- Fresh Fruit Salad
- Grilled Chicken Caesar
- Artichoke Relish
- Tomatoes & Cucumbers
- Ginger Snaps

**14**

- Cheese & Crackers

- Garden Salad
- Parmesan Crusted Chicken
- Garlic Mash Potatoes
- Garlic Green Beans
- Oatmeal Raisin Cookies

**17**

- Guacamole & Chips

- Cole Slaw
- Grilled Salmon
- Mushroom Rice Pilaf
- Carrots w/Basil
- Brownies

**18**

- Cheese & Crackers

- Greek Salad
- Sundried Tomato Chicken
- Asparagus & Red Peppers
- Turmeric Cauliflower Pureed
- Ranger Cookie

**19**

- Bananas & Crackers

- Fresh Fruit Salad
- Pork Tenderloin
- Roasted Potatoes
- Sauté Cabbage and Collard Greens
- Spice Cake

**20**

- Peanut Butter & Crackers

- Garden Salad
- Italian Meat Sauce
- Pasta Marinara
- Vegetable Medley
- Fresh Cut Fruit

**21**

- Hummus & Chips

- Fresh Fruit Salad
- Mushroom Caper Pizza
- Tuna Salad w/ Mixed Greens
- Fresh Tomatoes & Cucumbers
- Choc. Chunk Cookie

**24**

- Peanut Butter & Crackers

- Tomato & Farro Salad
- Grilled Pork Tenderloin
- Asparagus w/ Lemon
- Carrots Lyonnaise
- Fresh Cut Fruit

**25**

- Gazpacho & Chips

- Garden Salad w/ Cranberries
- Paprika Chicken w/ Mushrooms
- Garlic Mash Potatoes
- Fresh Green Beans
- Carrot Raisin Cake

**26**

- Cheese & Crackers

- Tomato Basil Soup
- Roasted Herb Chicken
- Turmeric Cauliflower
- Roasted Mushrooms & Zucchini
- Peanut Butter Cookie

**27**

- Bananas & Crackers

- Blue Cheese Salad
- Grilled Fresh Fish
- Roasted Potatoes
- Carrots & Basil
- Almond Spiced Cookie

**28**

- Fresh Cut Fruit