

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <div> <div>MAY MENU</div> <div>2025</div> </div> <div> <div>* Afternoon Snacks</div> <div>© 2025</div> </div> </div>				
<div> <div>Maggie McQuiggan, MS, RD, LD</div> <div>Maggie McQuiggan, MS, RD, LD (DT 03324)</div> </div>				
<div> <div> <div> <div>Garden Salad</div> <div>Chicken w/ Tomatillo Sauce</div> <div>Tomato & Mushroom Rice</div> <div>Vegetable Medley</div> <div>Pecan Sandie Cookie</div> </div> <div>5</div> </div> <div> <div>Pimento Cheese & Chips*</div> </div> </div>	<div> <div> <div>Caesar Salad</div> <div>Grilled Salmon</div> <div>Garlic Mashed Potatoes</div> <div>Roasted Zucchini</div> <div>Pecan Sandie Cookie</div> </div> <div>6</div> </div> <div> <div>Fruit Salad*</div> </div>	<div> <div> <div>Carrot Raisin Slaw</div> <div>Roasted Chicken</div> <div>Mushroom Rice Pilaf</div> <div>Asparagus</div> <div>Fruit Salad</div> </div> <div>7</div> </div> <div> <div>Tuna & Chips*</div> </div>	<div> <div> <div>Garden Salad</div> <div>Chicken w/ Cilantro Pesto</div> <div>Poblano Rice</div> <div>Green Beans w/ Mushrooms</div> <div>Blueberry Cake</div> </div> <div>1</div> </div> <div> <div>Bananas with Peanut Butter*</div> </div>	<div> <div> <div>Fresh Cut Fruit</div> <div>Grilled Chicken over Greek Salad</div> <div>Roasted Potatoes</div> <div>Ginger Snap</div> </div> <div>2</div> </div> <div> <div>Cheese & Grapes*</div> </div>
<div> <div> <div>Garden Salad</div> <div>Chicken Creole</div> <div>Herbed Rice</div> <div>Broccoli & Cauliflower</div> <div>Toll House Cookie</div> </div> <div>12</div> </div> <div> <div>Cheese & Grapes*</div> </div>	<div> <div> <div>Cole Slaw</div> <div>Pork Tenderloin</div> <div>Eggplant Rice Pilaf</div> <div>Asparagus w/ Lemon</div> <div>Peanut Butter Cookie</div> </div> <div>13</div> </div> <div> <div>Fresh Fruit*</div> </div>	<div> <div> <div>Garden Salad w/ Honey Mustard</div> <div>Garlic Chicken</div> <div>Green Beans</div> <div>Corn & Lima Bean Pilaf</div> <div>AP Ranger Cookie</div> </div> <div>14</div> </div> <div> <div>Bananas & Peanut Butter*</div> </div>	<div> <div> <div>Fresh Cut Fruit</div> <div>Grilled Salmon</div> <div>Roasted Sweet Potatoes</div> <div>Zucchini w/Tarragon</div> <div>Carrot Cake</div> </div> <div>15</div> </div> <div> <div>Cheese & Grapes*</div> </div>	<div> <div> <div>Garden Salad</div> <div>Mushroom & Artichoke Chicken</div> <div>Turmeric Rice</div> <div>Carrots & Basil</div> <div>Oatmeal Cookie</div> </div> <div>9</div> </div> <div> <div>Cheese & Bread*</div> </div>
<div> <div> <div>Garden Salad</div> <div>Chicken Creole</div> <div>Herbed Rice</div> <div>Broccoli & Cauliflower</div> <div>Cranberry Cookie</div> </div> <div>19</div> </div> <div> <div>Cheese & Grapes*</div> </div>	<div> <div> <div>Caesar Salad</div> <div>Grilled Salmon</div> <div>Sweet Potato Mash</div> <div>Saute' Mixed Greens</div> <div>Spice Cake</div> </div> <div>20</div> </div> <div> <div>Bananas & Peanut Butter*</div> </div>	<div> <div> <div>Cucumber Yogurt Salad</div> <div>Grilled Chicken w/ Artichokes</div> <div>Fresh Green Beans</div> <div>Pesto Potatoes</div> <div>Fresh Cut Fruit</div> </div> <div>21</div> </div> <div> <div>Peaches & Yogurt*</div> </div>	<div> <div> <div>Greek Salad</div> <div>Sundried Tomato Chicken</div> <div>Asparagus in Herb Butter</div> <div>Farro Rice Pilaf</div> <div>Brownies w/ Strawberries</div> </div> <div>22</div> </div> <div> <div>Pimento Cheese*</div> </div>	<div> <div> <div>Tomato Basil Soup</div> <div>Cobb Salad, Corn, Blue Cheese</div> <div>Mixed Greens w/ Grilled Chicken</div> <div>Roasted Potatoes</div> <div>Oatmeal Raisin Cookie</div> </div> <div>23</div> </div> <div> <div>Fresh Fruit*</div> </div>
<div> <div>26</div> <div>CLOSED FOR MEMORIAL DAY</div> </div>	<div> <div> <div>Greek Salad</div> <div>Italian Meat Sauce w/ Pasta</div> <div>Asparagus in Herb Butter</div> <div>Almond Cookie</div> </div> <div>27</div> </div> <div> <div>Fresh Fruit</div> </div>	<div> <div> <div>Spinach Salad</div> <div>Trout Almondine w/ Lemon Butter</div> <div>Rosemary Potatoes</div> <div>Green Beans</div> <div>Fresh Fruit</div> </div> <div>28</div> </div> <div> <div>Apples & Peanut Butter*</div> </div>	<div> <div> <div>Garden Salad w/ Blue Cheese</div> <div>Cornbread Crusted Chicken</div> <div>Roasted Potatoes</div> <div>Zucchini & Peppers</div> <div>Banana Bread</div> </div> <div>29</div> </div> <div> <div>Watermelon*</div> </div>	<div> <div> <div>Fresh Fruit</div> <div>Chicken Creole</div> <div>Lentil Rice Pilaf</div> <div>Sauteed Mixed Greens</div> <div>Oatmeal Cookie</div> </div> <div>30</div> </div> <div> <div>Cheese & Grapes*</div> </div>



AMAZING PLACE

3735 Drexel Drive

Phone: (713) 552-0420

AmazingPlaceHouston.org

MAY 2025

DAY PROGRAM

CALENDAR & MENU

FRIDAY

MAY 9

Mother's Day Breakfast

8:30-9:30!

STAFF SPOTLIGHT:

Carrie Carter, Staff Accountant

Time at AP: 3 months

Favorite part of the job:

The people make this place a great place to work - and knowing what we do is so important.

Personal Hobbies:

Spending time with my Granddaughter, Ayva. She's 9. My obsession is LEGOS, I spend a lot of my spare time creating with LEGOS.

Favorite Saying:

Be yourself; everyone else is already taken!



BRAIN HEALTH

Memory Enhancement Training

- 5/13 – 5/20, 10am–12pm, The Church of St. John

Sensory Health & Your Brain

- 5/6, 12–1pm, Virtual

SPANISH LANGUAGE

Spanish Caregiver's Connect

- 6/6 Super Symptoms, 6:30–8pm, Amazing Place

Cuidando con Respeto

- 5/17 – 5/31, 10am–12pm, St. Bartholomew
- 6/14 – 6/28, 10am–12pm, Clinica Vital

SUPPORT GROUPS

English Support Group

- 5/13, 12–1:30pm, Amazing Place

Spanish Support Group

- 5/27, 7–8pm, Memorial Drive Presbyterian

CAREGIVER EDUCATION

Savvy Express

- 5/7 – 5/21, 11am–1pm, St. Luke's United Methodist
- 5/14 – 5/28, 10am–12pm, COTHA, Katy
- 6/5 – 6/19, 10am–12pm, Methodist Continuing Care Hospital, Katy

Caregivers Plus

- 6/4 – 6/25, 9:30–11:30am, Amazing Place

Caregivers Connect

- 5/6 Magic Words, 10–11:30am, Pegasus Landing
- 5/7 Magic Words, 10–11:30am, Grand Lakes Presbyterian
- 5/8 Magic Words, 10–11:30am, Oak Park Retirement
- 5/13 I Need A Break, 10–11:30am, Pegasus Landing
- 5/20 Good Grief, 10–11:30am, Pegasus Landing



Please register for all classes & groups at

amazingplacehouston.org

MONDAY

TUESDAY

WEDNESDAY

MAY ACTIVITIES 2025

© 2025

9:30 Putting the Past in Order
11:00 Tai Chi
11:30 Spanish Speakers Social

2:15 Cinco de Mayo Celebration
2:45 Pinatas Bash
3:20 Participants' Choice
4:00 Travelogue – Mexico City

5

9:00 Early Morning Chit Chat
9:35 Double Meanings
10:00 Our First Jobs
11:00 Balance Workout
11:30 Things That Make You Go "Aww"

2:15 National Nurses Day
4:30 Bananagrams

6

8:00 Jig Saw Puzzle
9:35 National Tourism Day
10:20 Art Class
11:00 Morning Workout

2:15 Lucille Ball
3:20 Meditation
4:30 Tea Time

7

8:00 Wake and Caffeinate
9:35 Flower Arranging
10:20 MoMA Art Appreciation
11:30 "The Rest of the Story"

2:15 Limerick Day
3:20 Seated Yoga
4:00 Jeopardy

12

8:00 Puzzling Matters
9:35 Mind Matters
10:20 Watercolor Painting
11:00 Light Weight Training

2:15 Movies & Popcorn – Top Gun
3:20 Sharp Shooter Contest
4:30 Participants' Choice

13

8:00 Family Chat
9:30 Wacky Wordies
10:20 Spanish Speakers' Social
11:30 Notable Quotables
12:00 Receptionists Day

2:15 Participant Council Meeting
2:45 Refreshments

14

8:00 Word Searching
9:35 What's Wrong with This Picture?
10:20 Life Stories
11:30 Humorous Short Stories

2:15 Victoria Day
3:20 Move & Meditate
4:00 Game of Things

19

8:00 Morning Social
9:35 Name That Tune
10:20 Jeopardy
11:30 Shark Tank – Would You Invest?

2:15 Blue Jeans Day
3:20 Laughter Yoga
4:00 Pet Chat

20

8:00 May IQ
9:35 60's Sing-along
10:20 Strength & Balance Workout
11:30 Jokes & Riddles

2:15 Earhart Aviation History
3:20 National Meditation Day
4:00 Family Feud

21

CLOSED FOR MEMORIAL DAY

26

9:00 Good News Network
9:35 Word Mahjong
10:20 Game of Things
11:00 Working Out the Kinks

2:15 Golden Gate Bridge Day
3:20 Balloon Volleyball
4:00 Popsicles on the Patio

27

8:00 Pick Your Puzzle
9:35 Mind Matters
10:20 Cranium
11:30 Participants' Choice

2:15 May Birthdays Celebration
3:00 BINGO
4:30 Afternoon Tea

28

THURSDAY

FRIDAY

8:00 Coffee & Conversation
9:35 Searching for May
10:20 Watercolor Painting
11:00 Get Up & Stretch
11:30 Candid Camera

2:15 Lei Day
2:45 Chatting over Refreshments
4:00 Catagories Puzzle

1

8:00 Current Events
9:35 Puzzle Society
10:20 Watercolor Art Class
11:30 The Digital Smithsonian

2:15 V-E Day Sing-along
3:20 X-Box Bowling
4:00 Name That Gem

8

9:35 Pictionary
10:20 Random Houston History
11:30 Rick Steves' Europe

2:15 Robinhood Day
3:20 Putt-putt Fun
4:00 Chocolate Chip Day
4:30 Sequence

15

8:00 Waking Up w/ Watercolor
9:35 Who Wants to be a Millionaire?
11:30 Would You Rather?
1:00 Bridge Club
2:15 Graduation Memories
3:20 Staying Limber
4:30 Skip-bo

22

9:35 Thematik
10:20 Peak Performance – Mount Everest
11:00 Balance Workout
1:00 Bible Study
2:15 "Thanks For the Memory" Day
3:20 Up & Down Words
4:00 Loaded Questions

29

8:00 Houston News
9:35 Taboo – Word Game
11:00 Legend & Controversy of Dr. Spock
11:30 New Participant Consortium

2:15 Faithful Paws Dog Show
3:20 Stretch & Relax
4:00 Kentucky Derby Tomorrow

2

8:30 Mother's Day Breakfast for the Ladies
10:20 Foodies' Day Cooking Quiz
11:30 Piano Man Day

2:15 Technology Day
3:20 Stretch and Meditate
4:00 Mother's Day – Table Talk

9

8:30 Table Talk
9:35 Proofreading
10:20 Journey Discussions
11:30 Inspirational News

2:15 Celebrating Our Armed Forces
3:20 Meditation
4:00 The K-9 Corps

16

9:35 Junk Drawer Detective
10:20 Connect 4–Team Trivia
11:30 Name That Tune

1:00 Rummikub
2:15 Honoring Memorial Day
2:45 Refreshments
3:20 Target Throw

23

8:00 Pancake Breakfast
10:20 Craft – Kindness Rocks
11:30 "Rawhide"– Clint Eastwood
1:00 Leisure Hour
2:15 Lincoln Memorial & The National Mall
2:45 Refreshments
3:20 Marksmanship Challenge

30



Empowering Families Facing the Challenges of Dementia & Alzheimer's. Advancing Brain Health for All.

DAILY PROGRAM SCHEDULE*

7:30 Coffee & juice served; Individualized options range from worksheets to reading the paper

9:00 Introduction to the day's schedule

10:00 Assorted programs ranging from art to cognitive exercises

11:00 Mild physical exercise
11:30 Entertainment & educational programming

Noon Lunch

1:00 Bible study & alternate programs

2:15 Group presentations
2:45 Afternoon refreshments
3:30 Stretching and/or meditation
4:00 Reminiscing
5:00 Participant choice programming

* Schedule may change for special events and programs may be adjusted to meet the needs of participants.
Our curriculum incorporates elements of the creative and cultural arts, enriched social activities, civic service, fitness, compensatory cognitive interventions, and spirituality.
For more information, contact:
Emile Unverzagt, MA, AD/TXC
Cognitive Programs Director
713.552.0420 or eunverzagt@amazingplacehouston.org