

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 Table Tent Craft & Chat 9:35 Mind Matters 10:20 Brain Busters 2:15 Japan's Bunka No Hi 3:20 Stretch & Meditate 4:00 Participant's Choice 4:30 Bird Tales 3	8:00 Election Day News 9:35 OuiSi 10:20 Amazing Chimpanzees 11:30 Music Appreciation 1:00 Scrabble 2:15 The Cowboy Philosopher, Will Rogers 4:30 The Meaning of Your Name 4	9:35 Word Games 10:20 Fishing Tales 1:00 Bible Study 2:15 Campbell's Soup 3:20 Dancing through the Decades 4:00 Our Travels 4:30 OuiSi 5	8:00 Searching for November 9:35 Proof Reading Exercise 10:20 New Beginnings November 1:00 Leisure Hour 2:15 Lesser-known Spies 3:20 Refreshments 4:30 Bananagrams 6	8:00 Puzzling Matters 9:35 Stories in a Bucket 10:20 Jewelry Making 11:00 Weightlifting 1:00 Bridge Club 2:15 Faithful Paws Dog Show 3:20 Balloon Volleyball 7
8:00 Current Events 9:35 Visual Spatial Challenges 10:20 Crafting with Laurie 11:30 Virtual Museum Tour 2:15 Ocean Spray Day 3:20 Stretch Away the Stress 4:00 Advice Column Critique 10	9:35 Tech Puzzle Tuesday 10:20 Travel Trivia 11:00 Weightlifting Time 11:30 Drama Exercises 1:00 Bible Study 2:15 Celebrating Our Veterans Day 4:30 American Idol 11	8:00 Coffee Chat 9:35 4 Pictures, 1 Word 10:00 Fall Carnival with St. Martin's 11:00 Timeslips-Creative Storytelling 11:30 30 Second Mysteries 2:15 Princess Grace Day 4:30 Garden Chat 12	8:00 Pastel Coloring Art 9:35 Malarkey – The Bluffing Game 10:20 Watercolor Painting 11:30 Shark Tank Companies – Would You Invest? 2:15 Netherlands Special Guests 3:20 Refreshments 4:30 "Dear Abby" 13	8:00 Pancake Breakfast 10:20 Who Am I? 11:00 Exercise 11:30 America's Funniest Home Videos 1:00 Leisure Hour 2:15 Pickle Day 3:20 Stretch and Meditate 14
8:00 Coffee Chat 9:00 Green for a Day Brain Games 10:00 Houston Symphony Performance 11:00 Lucky Workout 11:30 Rick Steves Visits Ireland 2:15 Theme Song Day 3:20 Gone Fishin' 17	8:00 Morning Social 9:35 Charades 10:20 "Thankful for you" talk 11:00 Working Out with Weights 2:15 Happy Birthday, Johnny Mercer 3:15 Up & Down Words 4:30 Evening Tea 18	8:00 Jig-saw Fun 9:35 Wheel of Fortune 10:20 Where Was It Made? 11:00 Wednesday Workout 11:30 Participants' Choice 2:15 Butterball Banter 2:45 Refreshments 19	8:00 Coffee Conversation 9:35 Mind Matters 10:20 Painting Class 11:00 Stretch and Balance Workout 11:30 Participants' Choice 2:15 November Birthday Celebration! 3:15 BINGO 20	21 Closed for Staff Training
8:00 Weekend Review 9:35 Team Crossword 10:20 New Participant Consortium 11:30 Wellness Chat 2:15 Participant Council 3:20 Cornhole 24	4:30 Sequence Game 8:00 Thanksgiving Day Puzzles 9:35 You Be the Judge 10:20 Things That Make Us Go Aww... 11:00 Morning Workout 11:30 Jokes & One-liners 2:15 Nature Is Amazing 25	4:30 Aretha Franklin Hits 8:00 Puzzling Matters 9:35 Word Cookies 10:20 Gobble, Gobble Charades 11:30 Thankful for Humor 2:15 Thanksgiving Traditions & Lore 3:15 Turkey Toss 4:00 Pondering Prompts 26	27 Closed for the Thanksgiving Holiday	28 Closed for the Thanksgiving Holiday



Empowering Families Facing the Challenges of Dementia & Alzheimer's. Advancing Brain Health for All.

DAILY PROGRAM SCHEDULE*

- 7:30 Coffee & juice served; Individualized options range from worksheets to reading the paper
- 9:00 Introduction to the day's schedule
- 10:00 Assorted programs ranging from art to cognitive exercises
- 11:00 Mild physical exercise
- 11:30 Entertainment & educational programming
- Noon Lunch
- 1:00 Bible study & alternate programs
- 2:15 Group presentations
- 2:45 Afternoon refreshments
- 3:30 Stretching and/or meditation
- 4:00 Reminiscing
- 5:00 Participant choice programming

* Schedule may change for special events and programs may be adjusted to meet the needs of participants. Our curriculum incorporates elements of the creative and cultural arts, enriched social activities, civic service, fitness, compensatory cognitive interventions, and spirituality. For more information, contact: Yvonne Hoyos, AD, Participant Program Manager at 713.552.0420 or yhoyos@amazingplacehouston.org.

NOVEMBER ACTIVITIES 2025