

APRIL MENU 2026

Amanda Smith, MPH, RDN, LD
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* Afternoon Snacks © 2026

<ul style="list-style-type: none"> Blue Cheese Garden Salad 6 Italian Meat Sauce Pasta Marinara Fresh Green Beans Chocolate Chip Cookie 	<ul style="list-style-type: none"> Cole Slaw 7 Almond Crusted Trout Raisin Rice Pilaf Asparagus w/ Lemon Peanut Butter Cookie 	<ul style="list-style-type: none"> Tomato Farro Salad 1 Broad Leaf Chicken Roasted Red Potatoes Vegetable Medley Fresh Cut Fruit 	<ul style="list-style-type: none"> Green Goddess Garden Salad 2 Almond Crusted Trout Sweet Potato Mash Carrots & Basil Oatmeal Raisin Cookie 	<p>CLOSED FOR GOOD FRIDAY 3</p>
<ul style="list-style-type: none"> Yogurt & Fruit* 	<ul style="list-style-type: none"> Fresh Fruit* 	<ul style="list-style-type: none"> Artichoke Dip & Chips* 	<ul style="list-style-type: none"> Peanut Butter & Bananas 	
<ul style="list-style-type: none"> Green Salad 13 Pork Tenderloin Roasted Sweet Potatoes Squash Medley Fresh Cut Fruit 	<ul style="list-style-type: none"> Fresh Fruit Salad 14 Chicken w/ Chimichurri Tomato Rice Pilaf Asparagus Fresh Cut Fruit 	<ul style="list-style-type: none"> Honey Mustard Garden Salad 8 Roasted Chicken Green Beans Corn & Lima Bean Pilaf AP Ranger Cookie 	<ul style="list-style-type: none"> Fresh Cut Fruit 9 Grilled Salmon Roasted Sweet Potatoes Zucchini w/Tarragon Carrot Cake 	<ul style="list-style-type: none"> Tomato & Feta Salad 10 Chicken Mushroom Marsala Pesto Potatoes Carrots & Snow Peas Fresh Fruit Salad
<ul style="list-style-type: none"> Peanut Butter & Bananas* 	<ul style="list-style-type: none"> Cheese & Bread* 	<ul style="list-style-type: none"> Peanut Butter & Bananas* 	<ul style="list-style-type: none"> Cheese & Grapes* 	<ul style="list-style-type: none"> Cookies & Milk*
<ul style="list-style-type: none"> Garden Salad 20 Chicken w/ Basil Sauce Carrots Lyonnaise Garlic Mashed Potato Pecan Sandies 	<ul style="list-style-type: none"> Caesar Salad 21 Grilled Salmon Turmeric Rice Pilaf Green Beans & Mushrooms Fresh Cut Fruit 	<ul style="list-style-type: none"> Cole Slaw 15 Grilled Salmon Mushroom Rice Pilaf Green Beans w/ Mushrooms Chocolate Cherry Cookie 	<ul style="list-style-type: none"> Green Goddess Garden Salad 16 Herb Crusted Trout Roasted Potatoes Carrots w/ Basil Blueberry Cake 	<ul style="list-style-type: none"> Goat Cheese Garden Salad 17 Pecan Crusted Chicken Breast Garlic Mashed Potatoes Collard Greens & Cabbage Fresh Cut Fruit
<ul style="list-style-type: none"> Yogurt & Fruit* 	<ul style="list-style-type: none"> Cheese & Grapes* 	<ul style="list-style-type: none"> Cheese & Grapes* 	<ul style="list-style-type: none"> Peanut Butter & Bananas* 	<ul style="list-style-type: none"> GF Brownie*
<ul style="list-style-type: none"> Fresh Fruit Salad 27 Cornbread Crusted Chicken Fresh Green Beans Roasted Potatoes Chocolate Cherry Cookie 	<ul style="list-style-type: none"> Cucumber & Yogurt Salad 28 Grilled Salmon Roasted Rosemary Potatoes Carrots & Basil Fresh Cut Fruit 	<ul style="list-style-type: none"> Garden Salad 22 Fresh Grilled Trout Roasted Sweet Potatoes Broccoli AP Ranger Cookie 	<ul style="list-style-type: none"> Tomato Farro Salad 23 Broad Leaf Chicken Mushroom Rice Pilaf Vegetable Medley Spice Cake 	<ul style="list-style-type: none"> Green Goddess Garden Salad 24 Herbed Chicken w/ Mixed Greens Roasted Red Potatoes Tomato & Cucumbers Fruit Salad
<ul style="list-style-type: none"> Cucumber Sandwiches* 	<ul style="list-style-type: none"> Peanut Butter & Bananas* 	<ul style="list-style-type: none"> Fresh Fruit* 	<ul style="list-style-type: none"> Peanut Butter & Apples* 	<ul style="list-style-type: none"> Birthday Cake*
<ul style="list-style-type: none"> Cucumber Sandwiches* 	<ul style="list-style-type: none"> Cheese & Grapes* 	<ul style="list-style-type: none"> Fresh Fruit* 	<ul style="list-style-type: none"> Yogurt & Peaches* 	



AMAZING PLACE

3735 Drexel Drive
Phone: (713) 552-0420
AmazingPlaceHouston.org

APRIL 2026 DAY PROGRAM CALENDAR & MENU

You're Invited!

Party on the Patio

tuesday | april 14
amazing place central
5:00 – 6:30p.m.

food . fun . camaraderie

A special drop-in event for our families to mingle, share and experience our amazing campus!

Please RSVP by Tuesday, April 7 via Paperless Post invitation

Limited to 2 guests per CST or Day Program Participant




SUPPORT GROUPS

NEW! Young Adults Support Group

- 4/10, 12–1:30pm, Amazing Place Central

English Support Group

- 4/14, 12–1:30pm, Amazing Place Central

Spanish Support Group

- 4/27, 7–8pm, Memorial Drive Presbyterian

BRAIN HEALTH

Aging Roadmap

- 4/28–5/12, 10am–12pm, St. John the Divine

Rewiring the Senses: How the Brain Adapts to Sensory Changes (Panel)

- 4/30, 11:30am–1pm, St. Luke's UMC

Practical Tips for a Healthier You

- 5/5, 12–1pm, Webinar

CAREGIVER EDUCATION

Savvy Express

- 5/5–5/19, 10am–12pm, St. Luke's UMC

NEW! Caregiver Q&A

- 5/6, 10am–12pm, Amazing Place Central

SPANISH LANGUAGE

Cuidando con Respeto

- 4/4, 11am–1pm, 12:30–5:30pm, Virtual or Radio Maria Spanish Houston



Please register for all classes at [AmazingPlaceHouston.org](https://www.amazingplacehouston.org).

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

APRIL ACTIVITIES 2026

© 2026

8:00 April Word Search
9:35 Mind Matters
Wordles & Connections
10:20 Flower Arranging
11:00 Tai Chi
11:30 You Be the Judge

2:15 Tartan Day
4:00 Inspirational Stories

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9:35 Cranium Crunches
11:30 Name That Tune

1:00 Bible Study
2:15 Tap, Tap, Tap Day
3:15 Holy Humor
4:30 Reminiscing Dime Store
5:00 I Love Lucy!

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9:00 Morning Introduction
9:30 Cranium-Board Game
11:00 Tai Chi
11:30 Singalong – 50's & 60's Hits

1:00 Rummikub
2:15 South American George
Washington
3:15 Kinect Bowling

20

8:00 Houston News
9:35 Cranium Crunches
10:20 Jazz Music Appreciation
11:00 Balance Exercises

1:00 Bible Study
2:15 Red Hat Society Day
4:00 Tell a Story Day

27

9:35 Brain Boosters
10:20 Times We Treasure
11:00 Adaptive Dance

1:00 Bible Study
2:15 Billie Holiday's Life & Legacy
3:15 Laughter Yoga
4:30 Would you Rather?

7

8:00 Puzzling Matters
9:35 Word Scrambles
11:00 Adaptive Dance
11:30 Rick Steve's Euro Tour

2:15 A Tale of 2 Koreas
4:00 Random Houston History
4:30 Card Games
5:00-6:30 Party on the Patio

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8:00 Sports Chat
9:35 What's Wrong with
This Picture?
11:00 Adaptive Dance Workout

2:15 Weird Jobs that Actually Exist
2:45 Refreshments
3:15 Corn Hole
4:30 Jeopardy

21

9:35 Encyclopedic
Knowledge
10:20 Loaded Questions
11:00 Light Weight Workout
11:30 MOMA-Art Appreciation

1:00 Bible Study
2:15 The Beauty of Latin America
4:00 Places We've Been

28

8:00 Table Tent Craft
9:35 Fool's Day Puzzles
10:20 April IQ
11:30 History's Biggest Pranksters

1

1:00 Rummikub
2:15 Fact or Foolery?
4:30 Bananagrams

7:30 Houston News
9:35 You Be the Judge
10:20 Tongue Twisters
11:00 Rhythmic Exercise
11:30 Draw a Bird Day

2:15 Pasta and the Colosseum
4:30 Left, Right, Center

8

7:30 Coffee Chat
9:35 Bird Stories
10:20 Life's Memories

1:00 Dominoes
2:15 A Titanic Anniversary
3:15 Stretch & Meditate
4:30 Advice Column Critique

15

7:30 Puzzling Matters
9:35 All About Spring
Charades
10:20 Watercolor Painting
11:30 New Participants' Forum

1:00 Mahjong
2:15 Participant Council
4:30 Teatime

22

7:30 Coffee Chat
9:35 Mind Matters
10:20 Nature is Amazing
11:30 Rhyming Riddles

1:00 Jewelry Making
2:15 Willie Nelson Day
3:15 X-Box Bowling

29

9:35 WordScapes
10:20 Taboo Word Game
11:00 Rhythmic Exercise

2

1:00 Bible Study
2:15 Easter Fun
3:15 30 Second Dance Party
4:00 Good Friday Traditions from
Around the World

7:30 Morning Coffee Chat
9:35 Encyclopedia Challenge
10:20 Loaded Questions
11:30 Golf Talk & Trivia

2:15 End of Civil War Anniversary
3:15 Math Riddles
4:30 Roulette

9

8:00 Jigsaw Fun
9:35 Mind Matters
11:00 Rhythmic Exercise

16

1:00 Billiards
2:15 The Wright Brothers
3:15 Jammin' to the Jukebox
4:30 Blossom Word Game

7:30 Coffee & Puzzles
9:35 WordScapes
10:20 Jelly Bean Taste Test
11:00 Rhythmic Workout

23

1:00 Leisure Hour
2:15 Scattergories
3:15 Bolo Toss

8:00 Current Events
9:35 Wordy Gurdy
10:20 Tabby Talk
11:00 Rhythmic Exercise
11:30 Ted Talks

1:00 Bible Study
2:15 International Jazz Day
4:30 The A-mazing Marble Game

30

**CLOSED
FOR
GOOD
FRIDAY**

7:30 Coffee Chat
9:35 Puzzle Society Games
10:20 Sharing Adventures
11:30 Who Am I?

2:15 National Siblings Day
4:00 The Game of Things
4:30 Participants' Choice

10

9:35 Who Wants to be a
Millionaire?
10:20 Drum Circle
11:00 Ballet for Balance
11:30 Haiku Poetry Day
1:00 Scrabble
2:15 Culinary Demo: Brownies
3:15 Frisbee Fun
4:30 Spot The Difference

17

9:00 This Day in History
9:35 Word Associations
10:20 Life Stories
11:30 Sing Along

2:15 April Birthday Celebration
3:15 BINGO
4:30 Discussions on the Patio

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**AMAZING
PLACE**

Empowering Families Facing the
Challenges of Dementia & Alzheimer's.
Advancing Brain Health for All.

DAILY PROGRAM SCHEDULE*

7:30 Coffee & juice served;
Individualized options range
from worksheets to reading
the paper

9:00 Introduction to the
day's schedule

10:00 Assorted programs ranging
from art to cognitive exercises

11:00 Mild physical exercise
11:30 Entertainment &
educational programming

Noon Lunch

1:00 Bible study & alternate
programs

2:15 Group presentations
2:45 Afternoon refreshments
3:30 Stretching and/or meditation
4:00 Reminiscing
5:00 Participant choice
programming

* Schedule may change for special
events and programs may be adjusted to
meet the needs of participants.

Our curriculum incorporates elements
of the creative and cultural arts, enriched
social activities, civic service, fitness,
compensatory cognitive interventions,
and spirituality.

For more information, contact:
Yvonne Hoyos, AD, Participant Program
Manager at 713.552.0420 or
yhoyos@amazingplacehouston.org.