

APRIL MENU 2026

Amanda Smith, MPH, RDN, LD
Amanda Smith, MPH, RDN, LD (DT 07118)

* Afternoon Snacks © 2026

<ul style="list-style-type: none"> Blue Cheese Garden Salad 6 Italian Meat Sauce Pasta Marinara Fresh Green Beans Chocolate Chip Cookie 	<ul style="list-style-type: none"> Cole Slaw 7 Almond Crusted Trout Raisin Rice Pilaf Asparagus w/ Lemon Peanut Butter Cookie 	<ul style="list-style-type: none"> Tomato Farro Salad 1 Broad Leaf Chicken Roasted Red Potatoes Vegetable Medley Fresh Cut Fruit 	<ul style="list-style-type: none"> Green Goddess Garden Salad 2 Almond Crusted Trout Sweet Potato Mash Carrots & Basil Oatmeal Raisin Cookie 	<p>CLOSED FOR GOOD FRIDAY 3</p>
<ul style="list-style-type: none"> Yogurt & Fruit* 	<ul style="list-style-type: none"> Fresh Fruit* 	<ul style="list-style-type: none"> Artichoke Dip & Chips* 	<ul style="list-style-type: none"> Peanut Butter & Bananas 	<ul style="list-style-type: none"> Tomato & Feta Salad 10 Chicken Mushroom Marsala Pesto Potatoes Carrots & Snow Peas Fresh Fruit Salad
<ul style="list-style-type: none"> Green Salad 13 Pork Tenderloin Roasted Sweet Potatoes Squash Medley Fresh Cut Fruit 	<ul style="list-style-type: none"> Fresh Fruit Salad 14 Chicken w/ Chimichurri Tomato Rice Pilaf Asparagus Fresh Cut Fruit 	<ul style="list-style-type: none"> Honey Mustard Garden Salad 8 Roasted Chicken Green Beans Corn & Lima Bean Pilaf AP Ranger Cookie 	<ul style="list-style-type: none"> Fresh Cut Fruit 9 Grilled Salmon Roasted Sweet Potatoes Zucchini w/Tarragon Carrot Cake 	<ul style="list-style-type: none"> Cookies & Milk*
<ul style="list-style-type: none"> Peanut Butter & Bananas* 	<ul style="list-style-type: none"> Cheese & Bread* 	<ul style="list-style-type: none"> Peanut Butter & Bananas* 	<ul style="list-style-type: none"> Cheese & Grapes* 	<ul style="list-style-type: none"> Goat Cheese Garden Salad 17 Pecan Crusted Chicken Breast Garlic Mashed Potatoes Collard Greens & Cabbage Fresh Cut Fruit
<ul style="list-style-type: none"> Garden Salad 20 Chicken w/ Basil Sauce Carrots Lyonnaise Garlic Mashed Potato Pecan Sandies 	<ul style="list-style-type: none"> Caesar Salad 21 Grilled Salmon Turmeric Rice Pilaf Green Beans & Mushrooms Fresh Cut Fruit 	<ul style="list-style-type: none"> Cole Slaw 15 Grilled Salmon Mushroom Rice Pilaf Green Beans w/ Mushrooms Chocolate Cherry Cookie 	<ul style="list-style-type: none"> Green Goddess Garden Salad 16 Herb Crusted Trout Roasted Potatoes Carrots w/ Basil Blueberry Cake 	<ul style="list-style-type: none"> GF Brownie*
<ul style="list-style-type: none"> Yogurt & Fruit* 	<ul style="list-style-type: none"> Peanut Butter & Bananas* 	<ul style="list-style-type: none"> Cheese & Grapes* 	<ul style="list-style-type: none"> Peanut Butter & Bananas* 	<ul style="list-style-type: none"> Green Goddess Garden Salad 24 Herbed Chicken w/ Mixed Greens Roasted Red Potatoes Tomato & Cucumbers Fruit Salad
<ul style="list-style-type: none"> Fresh Fruit Salad 27 Cornbread Crusted Chicken Fresh Green Beans Roasted Potatoes Chocolate Cherry Cookie 	<ul style="list-style-type: none"> Cucumber & Yogurt Salad 28 Grilled Salmon Roasted Rosemary Potatoes Carrots & Basil Fresh Cut Fruit 	<ul style="list-style-type: none"> Garden Salad 22 Fresh Grilled Trout Roasted Sweet Potatoes Broccoli AP Ranger Cookie 	<ul style="list-style-type: none"> Tomato Farro Salad 23 Broad Leaf Chicken Mushroom Rice Pilaf Vegetable Medley Spice Cake 	<ul style="list-style-type: none"> Birthday Cake*
<ul style="list-style-type: none"> Cucumber Sandwiches* 	<ul style="list-style-type: none"> Cheese & Grapes* 	<ul style="list-style-type: none"> Fresh Fruit* 	<ul style="list-style-type: none"> Peanut Butter & Apples* 	<ul style="list-style-type: none"> Carrot Raisin Slaw 30 Pork Tenderloin Turmeric Rice Pilaf Roasted Squash Medley Ginger Snaps
		<ul style="list-style-type: none"> Greek Salad 29 Grilled Chicken w/ Caper Relish GF Pasta Marinara Asparagus & Carrots Pecan Brownies 	<ul style="list-style-type: none"> Yogurt & Peaches* 	



AMAZING PLACE

621 Circle deMatel
Phone: (281)697-5885
AmazingPlaceHouston.org

APRIL 2026 DAY PROGRAM CALENDAR & MENU



You're Invited!

Party on the Patio

thursday | april 16
amazing place west
3:00 - 4:30p.m.

food . fun . camaraderie

A special drop-in event for our families to mingle, share and experience our amazing campus!

Please RSVP by Friday, April 3 via Paperless Post invitation

AMAZING PLACE



SUPPORT GROUPS

English Support Group

- 4/21, 2-3:30pm, Amazing Place West

Spanish Support Group

- 4/17, 12-1pm, Amazing Place West

CAREGIVER EDUCATION

Savvy Express

- 4/16-4/30, 11am-1pm, Amazing Place West
- 5/12-5/26, 10am-12pm, St. Bartholomew the Apostle Catholic Church

Caregivers Connect - Super Symptoms

- 5/5, 10-11:30am, Amazing Place West

SPANISH LANGUAGE

Cuidando con Respeto

- 4/18-4/25, 10am-1pm, St. Bartholomew the Apostle Catholic Church

BRAIN HEALTH

Memory Enhancement Training

- 4/7-4/14, 10am-12pm, Amazing Place West

Navigating Your Aging Journey

- 4/9, 12-1pm, Amazing Place West

Practical Tips for a Healthier You

- 5/5, 12-1pm, Webinar



Please register for classes at AmazingPlaceHouston.org.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

APRIL ACTIVITIES 2026

© 2026

8:00 April Word Search
9:35 Mind Matters
Wordles & Connections
10:20 Flower Arranging
11:00 Moving Muscles Monday
11:30 You Be the Judge

2:15 Guest Musicians
4:00 Inspirational Short Stories

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9:35 Cranium Crunches
10:20 TimeSlips
11:30 Holy Humor

1:00 Bible Study
2:15 Name That Tune
3:20 Wheel of Fortune
4:00 Reminiscing
5:00 I Love Lucy!

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9:00 Morning Introduction
9:30 Cranium-Board Game
11:00 Tai Chi
11:30 Singalong – 50's & 60's Hits

1:00 Rummikub
2:15 Remembering Lincoln Day
3:15 Kinect Bowling

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8:00 Houston News
9:35 Cranium Crunches
10:20 Jazz Music Appreciation
11:00 Balance Exercises

1:00 Bible Study
2:15 Audubon Day
4:00 Bird Tales

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9:35 Brain Boosters
10:20 Times We Treasure
11:00 Stretch & Strengthen

1:00 Bible Study
2:15 Billie Holiday's Life & Legacy
3:20 Laughter Yoga
4:30 Would you Rather?

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8:00 Puzzling Matters
9:35 Word Scrambles
10:20 Spring Fun
11:30 Rick Steves Euro Tour

2:15 First Dictionary Day:
Webster's Puzzles
4:00 Random Houston History
4:30 Card Games

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8:00 Sports Chat
9:35 What's Wrong with
This Picture?
10:20 Remember That Time...

2:15 Founding of Rome
2:45 Refreshments
3:15 Corn Hole
4:30 Jeopardy

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9:35 Encyclopedic
Knowledge
10:20 Loaded Questions
11:00 Light Weight Workout
11:30 MOMA-Art Appreciation

1:00 Bible Study
2:15 Travelogue: Chile
4:00 Places We've Been

28

8:00 Table Tent Craft
9:35 Fool's Day Puzzles
10:20 April IQ
11:30 History's Biggest Pranksters

1:00 Rummikub
2:15 Fact or Foolery?
4:30 Bananagrams

1

7:30 Houston News
9:35 You Be the Judge
10:20 Tongue Twisters
11:00 Rhythmic Exercise
11:30 Giggles & Guffaws Day

2:15 Queen Victoria's Surprising
Influence
4:30 Left, Right, Center

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7:30 Coffee Chat
9:35 Bird Stories
10:20 Life's Memories

1:00 Dominoes
2:15 A Titanic Anniversary
3:20 Stretch & Meditate
4:30 Advice Column Critique

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7:30 Puzzling Matters
9:35 All About Spring
Charades
10:20 Watercolor Painting
11:30 New Participants' Forum

1:00 Free Paint
2:15 Participant Council
4:30 Teatime

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7:30 Coffee Chat
9:35 Mind Matters
10:20 Nature is Amazing
11:30 Rhyming Riddles

1:00 Putting Around
2:15 April Movies & Stars
3:15 X-Box Bowling

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9:35 WordScapes
10:20 Taboo Word Game

1:00 Maudy Thursday Bible Study
2:15 Peanut Butter & Jelly Day
2:45 Make Your Own PB&J
3:20 30 Second Dance Party
4:00 Good Friday Traditions from
Around the World

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7:30 Morning Coffee Chat
9:35 Encyclopedia Challenge
10:20 Loaded Questions
11:30 Golf Talk & Trivia

2:15 End of Civil War Anniversary
3:20 Math Riddles
4:30 Card Games for Candy

9

8:00 Jigsaw Fun
9:35 Mind Matters
11:00 Rhythmic Exercise

1:00 Billiards
2:15 The Wright Brothers
3:15 Jammin' to the Jukebox
3:00-4:30 Party on the Patio
4:30 Blossom Word Game

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7:30 Coffee & Puzzles
9:35 WordScapes
10:20 Scattergories
11:00 Rhythmic Workout

1:00 Leisure Hour
2:15 Jelly Bean Taste Test
3:15 Bolo Toss

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8:00 Current Events
9:35 Wordy Gurdy
10:20 Tabby Talk
11:00 Rhythmic Exercise
11:30 Ted Talks
1:00 Bible Study
2:15 Diving Into National
Geographic
4:30 The A-mazing Marble Game

30

**CLOSED
FOR
GOOD
FRIDAY**

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7:30 Coffee Chat
9:35 Puzzle Society Games
10:20 Sharing Adventures
11:30 Who Am I?

2:15 National Siblings Day
4:00 The Game of Things
4:30 Participants' Choice

10

9:35 Who Wants to be a
Millionaire?
10:20 Blah, Blah, Blah Day
11:00 Ballet for Balance

1:00 Scrabble
2:15 Faithful Paws
3:15 Frisbee Fun
4:00 Spot The Difference

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9:00 This Day in History
9:35 Word Associations
10:20 Life Stories
11:30 Sing-along

2:15 April Birthday Celebration
3:15 BINGO
4:00 Discussions on the Patio

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**AMAZING
PLACE**

Empowering Families Facing the
Challenges of Dementia & Alzheimer's.
Advancing Brain Health for All.

DAILY PROGRAM SCHEDULE*

7:30 Coffee & juice served;
Individualized options range
from worksheets to reading
the paper

9:00 Introduction to the
day's schedule

10:00 Assorted programs ranging
from art to cognitive exercises

11:00 Mild physical exercise
11:30 Entertainment &
educational programming

Noon Lunch

1:00 Bible study & alternate
programs

2:15 Group presentations
2:45 Afternoon refreshments
3:30 Stretching and/or meditation
4:00 Reminiscing
5:00 Participant choice
programming

* Schedule may change for special
events and programs may be adjusted to
meet the needs of participants.

Our curriculum incorporates elements
of the creative and cultural arts, enriched
social activities, civic service, fitness,
compensatory cognitive interventions,
and spirituality.

For more information, contact:
Casey Chelton, AD, Participant Program
Manager at 281.697.5885 or
cchelton@amazingplacehouston.org.