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* Afternoon Snacks
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OCTOBER 2026
DAY PROGRAM
CALENDAR & MENU

Amazing Place
will be closed for
staff training on
Friday,
Nov 6

**WEAR YOUR COSTUME
ON FRIDAY,
OCTOBER 30!**

**Please register for all classes at
AmazingPlaceHouston.org.**

- 10/10 – 10/17, 10am–1pm, Virtual via ZOOM
- 11/14 – 11/21, 10am–1pm, Amazing Place West

¡Conectandonos como Cuidadores!

- 10/23, 6:30–8pm, ¡El Duelo!, Amazing Place West

MONDAY

TUESDAY

WEDNESDAY

OCTOBER ACTIVITIES

2026

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<div>9:30 Putting the Past in Order</div> <div>10:20 Watercolor Art Class</div> <div>11:30 Space Categories</div> <div>2:15 Mister McKinney History</div> <div>2:45 Refreshments</div> <div>3:15 Participants' Choice</div> <div>4:30 Mixed-Up Mystery</div> <div>5</div>	<div>8:00 Early Morning Chit Chat</div> <div>9:35 Double Meanings</div> <div>10:00 Our First Jobs</div> <div>11:00 Dance to Thrive</div> <div>11:30 Things That Make You Go "Aww"</div> <div>2:15 Italian Heritage Month</div> <div>4:30 Bananagrams</div> <div>6</div>	<div>8:00 Jigsaw Puzzles</div> <div>9:35 Encyclopedia Challenge</div> <div>10:20 Art Class</div> <div>11:00 Morning Workout</div> <div>2:15 Boost Your Brain Day</div> <div>3:15 Mindful Meditation</div> <div>4:30 Tea Time</div> <div>7</div>
<div>CLOSED FOR COLUMBUS DAY</div> <div>12</div>	<div>8:00 Men's Chat</div> <div>9:35 Puzzling Matters</div> <div>10:20 Travel Tales</div> <div>11:00 Light Weight Training</div> <div>2:15 Movie & Popcorn</div> <div>3:15 Sharpshooter Contest</div> <div>4:30 Participants' Choice</div> <div>13</div>	<div>8:00 Family Chat</div> <div>8:45 Houston Ballet</div> <div>10:20 Dancing Memories</div> <div>11:30 Dance Off</div> <div>2:15 Participant Council Meeting</div> <div>2:45 Refreshments</div> <div>4:30 Dealer's Choice</div> <div>14</div>
<div>8:00 Houston News</div> <div>9:35 Mind Matters</div> <div>10:20 Our Best Advice</div> <div>11:00 Balance Workout</div> <div>2:15 Nuts About Squirrels</div> <div>3:15 Twofer Goofers</div> <div>4:30 Name That 80's Hit</div> <div>19</div>	<div>8:00 Morning Social</div> <div>9:35 Name That Tune</div> <div>10:20 Jeopardy</div> <div>11:30 A Jazzy Time</div> <div>2:15 Chef's Day</div> <div>3:15 Laughter Yoga</div> <div>4:00 Pet Chat</div> <div>20</div>	<div>8:00 October IQ</div> <div>9:35 Name That Anagram</div> <div>10:20 Jokes & Riddles</div> <div>11:30 Strength & Balance Workout</div> <div>2:15 The Eagles</div> <div>3:15 Frisbee Fun</div> <div>4:00 Family Feud</div> <div>21</div>
<div>7:30 Women's Chat</div> <div>9:00 Daily Intro</div> <div>10:20 Pumpkin Decorating</div> <div>11:00 Ballet Balance</div> <div>11:30 Rock and Roll History</div> <div>2:15 Andrew Singalong</div> <div>4:00 Scouting Trivia</div> <div>26</div>	<div>9:00 Good News Network</div> <div>9:35 Word Mahjong</div> <div>10:20 Game of Things</div> <div>11:00 Working Out the Kinks</div> <div>2:15 Tea and Trivia</div> <div>3:15 Balloon Volleyball</div> <div>4:30 Tea on the Patio</div> <div>27</div>	<div>8:00 Pick Your Puzzle</div> <div>9:35 Mind Matters – Visual Spatial Games</div> <div>10:20 Cranium</div> <div>11:30 Participants' Choice</div> <div>2:15 National Cat Day</div> <div>2:30 Up & Down Words</div> <div>4:30 Table Games</div> <div>28</div>

THURSDAY

FRIDAY

<div>8:00 Table Talk Craft</div> <div>9:35 Word Association Puzzles</div> <div>10:20 Fall Fancies</div> <div>11:30 Julie Andrews Birthday Sing-along</div> <div>2:15 Magic Kingdom Day</div> <div>3:15 Cornhole Challenge</div> <div>4:00 Prettiest Autumn Places</div> <div>1</div>	<div>8:00 Houston News</div> <div>9:35 Taboo Word Game</div> <div>10:20 Peanuts – Joyous Quotes</div> <div>11:30 New Participant Consortium</div> <div>2:15 Rock & Roll History '65-'69</div> <div>3:15 Stretch & Relax</div> <div>4:30 Cranium-Board Game</div> <div>2</div>
<div>8:00 Current Events</div> <div>9:35 Puzzle Society</div> <div>11:00 Tai Chi</div> <div>11:30 The Digital Smithsonian</div> <div>2:15 The Draconid Meteor Shower</div> <div>3:15 Xbox Bowling</div> <div>4:30 Scattergories</div> <div>8</div>	<div>8:30 Coffee with Friends</div> <div>9:30 Jeopardy</div> <div>10:20 Life Stories</div> <div>11:30 Riddle Me This</div> <div>2:15 Where Am I?</div> <div>3:15 Stretch and Meditate</div> <div>4:30 50's-60's Sing-along</div> <div>9</div>
<div>9:35 Pictionary</div> <div>10:20 Random Houston History</div> <div>11:30 Rick Steves' Europe</div> <div>2:15 Airships & Aviation</div> <div>3:15 Putt-Putt Fun</div> <div>4:00 Who Wants to be a Millionaire?</div> <div>4:30 Sequence</div> <div>15</div>	<div>8:30 Table Talk</div> <div>10:20 Proofreading</div> <div>11:00 Spinal Stretches for Seniors</div> <div>11:30 Inspirational News</div> <div>2:15 Faithful Paws Dog Show</div> <div>3:15 Meditation</div> <div>4:00 Scattergories</div> <div>16</div>
<div>8:00 Waking Up with Watercolor</div> <div>10:00 Would You Rather?</div> <div>10:30 Music Interlude</div> <div>1:00 Dominoes on the Patio</div> <div>2:15 Travelogue - New Jersey</div> <div>3:15 Staying Limber</div> <div>4:30 Skipbo</div> <div>22</div>	<div>9:05 This Day in History</div> <div>9:35 Connect 4 Team Trivia</div> <div>11:30 Name That Tune</div> <div>1:00 Rummikub</div> <div>2:15 Vintage Vegas</div> <div>2:45 Refreshments</div> <div>3:15 Target Practice</div> <div>23</div>
<div>9:35 Cranium Crunches</div> <div>11:00 Balance Workout</div> <div>11:30 Caption This</div> <div>1:00 Bible Study</div> <div>2:15 October Birthday Celebration</div> <div>3:00 BINGO</div> <div>4:00 Sweet Touch</div> <div>29</div>	<div>Costumes Welcome!</div> <div>10:20 Batty or Believable?</div> <div>11:30 Ghoulishly Funny Riddles</div> <div>1:00 Leisure Hour</div> <div>2:15 Halloween Party</div> <div>3:20 Candy Toss Challenge</div> <div>4:30 Name That Costume</div> <div>30</div>



Empowering Families Facing the Challenges of Dementia & Alzheimer's. Advancing Brain Health for All.

DAILY PROGRAM SCHEDULE*

- 7:30 Coffee & juice served; Individualized options range from worksheets to reading the paper
- 9:00 Introduction to the day's schedule
- 10:00 Assorted programs ranging from art to cognitive exercises
- 11:00 Mild physical exercise
- 11:30 Entertainment & educational programming
- Noon Lunch
- 1:00 Bible study & alternate programs
- 2:15 Group presentations
- 2:45 Afternoon refreshments
- 3:30 Stretching and/or meditation
- 4:00 Reminiscing
- 5:00 Participant choice programming

* Schedule may change for special events and programs may be adjusted to meet the needs of participants.

Our curriculum incorporates elements of the creative and cultural arts, enriched social activities, civic service, fitness, compensatory cognitive interventions, and spirituality.

For more information, contact: Casey Chelton, AD, Participant Program Manager at 281.697.5885 or cchelton@amazingplacehouston.org.